October 2024

Breakfast at Elem.



Monday	Tuesday	Wednesday	Thursday	Friday
Start Each Day with Breakfast!		Milk Choice: Low fat white milk Non-fat chocolate milk	Breakfast Requirements: Milk Fruit or Fruit Juice Grain	Meat/Meat Alternative is NOT required but may be served as an extra.
			Grain	All Grain products meet the NSLP requirements
	Oct. 1	Oct. 2	Oct. 3	Oct. 4
	Filled Cereal Bar Fruit Fruit Juice Milk	Cereal Bar-String Cheese Fruit Fruit Juice Milk	Combo Bar Fruit Fruit Juice Milk	Bug Bites Yogurt Fruit-Fruit Juice Milk
Oct. 7	Oct. 8	Oct 9	Oct. 10	Oct. 11
Cereal Fruit Fruit Juice Milk	French Toast Sticks Fruit Fruit Juice Milk	Poptart String Cheese Fruit -Fruit Juice Milk	Cini-Mini Fruit Fruit Juice Milk	Muffins Yogurt Fruit-Fruit Juice Milk
Oct. 14	Oct. 15	Oct. 16	Oct. 17	Oct. 18
Cereal Fruit Fruit Juice Milk	Mini Pancakes Fruit Fruit Juice Milk	Nurtigrain Bar String Cheese Fruit -Fruit Juice Milk	Apple Frudel Fruit Fruit Juice Milk	Bug Bites Yogurt Fruit-Fruit Juice Milk
Oct. 21	Oct. 22	Oct. 23	Oct. 24	Oct. 25
Cereal Fruit Fruit Juice Milk	Chocolate Crescent Fruit Fruit Juice Milk	Pancake on a Stick Fruit Fruit Juice Milk	Cereal Bar Yogurt Fruit-Fruit Juice Milk	NO SCHOOL
Oct. 28	Oct. 29	Oct. 30	Oct. 31	Nov. 1
Cereal Fruit Fruit Juice	Mini-Cinni Fruit Fruit Juice	Breakfast Pizza Fruit Fruit Juice	Cream Cheese Filled Bagels Fruit Fruit Juice	Menu is subject to change
Milk	Milk	Milk	Milk	This institution is an equal opportunity