## October 2024

his institution is an equal opportunity employer.

## Boscobel Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
We will offer a fresh  Salad Bar Tuesday and  Thursday	Whenever possible, we will serve Local Food Products	Milk Choice: Low fat white milk Non-fat chocolate milk Available at all meals.	Each healthy meal must Include 1/2 cup fruit or 1/2 cup vegetable. Students must choose at least 3 food items.	Fruit will be served each day.  All grain products meet the NSLP requirements.
	Oct. 1	Oct. 2	Oct. 3	Oct. 4
	Scalloped Potatoes and Ham Broccoli Garlic Bread Fruit	Meatball Subs Squash Mixed Veggies Fruit	Beef Stroganoff over Noo- dles Green Beans Fruit	Popcorn Chicken Mashed Potatoes Corn Fruit
Oct. 7	Oct. 8	Oct. 9	Oct. 10	Oct. 11
Pigs in a Blanket Mac and Cheese Peas Fruit	Country Fried Steak Mashed Potatoes-Gravy Green Beans Fruit	Tacos Refried Beans-Rice Fruit	Chicken Nuggets French Fries Carrots Fruit	Chili Peanut Butter Sandwich Carrots and Celery Fruit
Oct. 14	Oct. 15	Oct. 16	Oct. 17	Oct. 18
Beef Stew over Biscuits Asparagus Fruit	Fish Sticks French Fries Coleslaw Fruit	Chicken Parm over Noodles Lettuce Salad Fruit	Pizza Quesadilla Corn Fruit	Homecoming Cookout Brats, Burgers Chips-Baked Beans Fruit
Oct. 21	Oct. 22	Oct. 23	Oct. 24	Oct. 25
Baked Teriyaki Chicken Rice-Mixed Veggies Fruit	Pizza Corn Fruit	Tomato Soup Grilled Cheese Roasted Potatoes Fruit	Cheesy Ham and Noodle Casserole Broccoli Fruit	No School
Oct. 28	Oct. 29	Oct. 30	Oct. 31	
Breakfast for Lunch Biscuits and Gravy Eggs-Fruit Juice Fruit	Meatloaf Mashed Potatoes-Peas Buttered Bread Fruit	Chicken Bacon Ranch Wraps Tortilla Chips-Salsa Baked Beans Fruit	Bats and Cobwebs Meat Sauce Garlic Stick Fruit	Menu is subject to change